



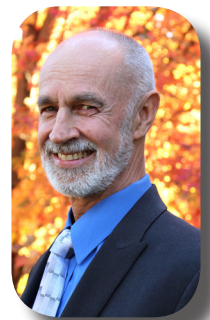
ORGANIZED BY:



INTEGRATED WHOLE BODY WELLNESS FOR MULTIDISCIPLINARY PRACTITIONERS

Take your technique to the next level by integrating the art and science of whole body breathing with reflexive movement patterns.

Dr. Laughlin says: “Dr. Lois Laynee’s program is one of the most beneficial workshops in which I have participated. I have found it to be important personally as well as being critical for helping to clear obstacles to healing in our patients.



What You’ll Learn:

- 60 second Breath Screening
- 20 stretches to retrain Oral Facial Reflexes
- 4 steps to efficient autonomic reflex breathing re-patterning
- Four part screening for autonomic optimal function
- The physiological impact of the various modalities of release
- The lost art of a gentle release blended with new technology
- Nine step process that will give you the proper timing when the patient can adapt and integrate the release
- Other topics as requested by participants

Free Wednesday night Introductory Seminar!

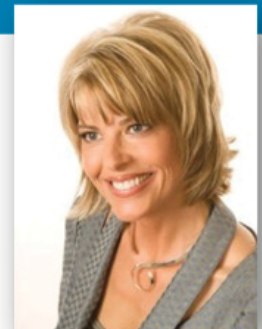
Seminar and Workshop details on back.....

Lois Laynee, Ph.D. MBA, OM, RDH, RBC, CPEP, FMS and SFMA

Dr. Lois Laynee started her career as a dental hygienist and orofacial myologist after 1980 from Southern Illinois University-Carbondale. She has integrated diverse philosophies culminating in the inseparable co-existence of fascial restrictions and their lifelong impact in the CranioFacial Reflex system. Dr. Laynee developed her own method of Restorative Breathing™ as the first step to improve health and wellness for all her dental, TMD, sleep apnea, orthognathic, orthodontic and developmentally delayed patients.

Taking her passion for optimizing health and wellness, Dr. Laynee pioneered applying Fascial Midline release methods for athletes, chronic pain patients, developmental delays in children, stroke, Parkinson’s, concussions and sleep disorders. Dr. Laynee is passionate in sharing her vision of reclaiming hope through the art and science of Restorative Breathing™ to an integrative wellness team with the purpose of optimizing human potential for all.

Dr. Laynee is a board member of the AAPMD, the CEO of AZ Sleep Apnea Center PLLC; a speaker and educator of oxygen wellness and the creator of the Laynee Restorative Breathing Method™.



www.RestoringBreathing.com

What practitioners are saying...

If breathing is the only vital process that we can consciously control, then the optimization of it, is crucial for better performance and recovery. Dr. Laynee is one of the leading minds and teachers in the field of respiration. Her workshop promises to both enlighten and restore.

Mark Cheng, Ph.D.
Los Angeles, California

Restoring Movement through Breathing is a practical and refreshing approach that will compliment any movement correction or rehabilitation skill set.

Gray Cook, MSPT, OCS, CSCS
Chantham, Virginia

Free Wednesday night Introductory Seminar

Wednesday, May 17th - 6:30pm - 8:30pm

River Falls Library, lower level - No charge, open to the public -

Call or E-mail to reserve a seat: (715) 426-7777

kim@HealthCenteredDentistry.com

Thursday Level 1 Workshop (3CE AZ PT Assoc. PACE (AGD) NCBTMB)

Thursday, May 18th - 8:30am - 5pm

Healing Waters Health Center - 2705 Enloe St, Hudson, WI 54016

\$350 per person, Lunches will be on your own.

Friday & Saturday Level 2 Workshop (3CE AZ PT Assoc. PACE (AGD) NCBTMB)

Friday, May 19th & Saturday, May 20th - 8:30am - 5pm

Healing Waters Health Center - 2705 Enloe St, Hudson, WI 54016

\$725 per person, Lunches will be on your own.

Sunday Midline Workshop (3CE AZ PT Assoc. PACE (AGD) NCBTMB)

Sunday, May 21st - 8:30am - 12pm

Healing Waters Health Center - 2705 Enloe St, Hudson, WI 54016

\$225 per person, Lunches will be on your own.

Limited number of attendees. Reserve your seat today.

Registration Form:

Name: _____ Phone #: _____

E-mail (for any updates): _____

of Attendees Wed evening Intro: _____ # of Attendees Lvl 2 (Fri & Sat) Workshop: _____

of Attendees Lvl 1 (Thurs) Workshop: _____ # of Attendees Midline (Sun 1/2 Day) Workshop: _____

Please mail checks to: Health Centered Dentistry
% Dr. Lois Laynee workshop
N7915 902nd Street
River Falls, WI 54022

Make checks out to:
Health Centered Dentistry